

CHELMSFORD HOCKEY CLUB

JUNIOR SECTION



JUNIOR BOOSTER SESSION COACH ROLE

The main purpose of the role is to deliver additional hockey coaching to juniors who typically are not receiving hockey coaching at school and/or who came to hockey later helping to close the gap to their peers. These sessions are purely optional for the children.

Coaching philosophy: We are a club for all people. We as coaches endeavour to bring our best coaching selves to all occasions with the aim to create a safe, fun and happy environment in which we can help facilitate the development of every player. We do this by inspiring, leading, organising, encouraging and understanding that every person is unique and different, and we also do this by maintaining our own high standards of coaching skills by collaboration, reflection and education.

The Booster sessions in 2023/24 are

- Mondays 5-6pm and 6-7pm for year 6 and 7 children (excluding the higher potential children)
- Tuesdays 6.30-7.30pm for year 8 children not yet ready for senior training

JUNIOR ACADEMY COACH RESPONSIBILITIES

1. Lead delivery of training sessions

- Prepare in advance for all sessions using the club curriculum as a guide
- Prepare sessions that are appropriate for the age range and that are fun and safe
- Focus, at least some of the coaching, on the basic skills that they may still be struggling with. Less time is spent on these in regular training sessions where there is wider range of ability, numbers are high and pitch space limited

2. Welfare

- Conduct risk assessments before each training session
- Ensure children are wearing appropriate clothing for weather and have gum shields and shin pads. If they do not have a gum shield advise strongly that they do not participate and only allow them to continue with parental consent
- Ensure you have enough a first aid kit for training

REQUIREMENTS OF A BOOSTER SESSION COACH

To be able to fulfil your role as coach it is a requirement of Chelmsford Hockey Club that you are aware of important club and England Hockey policies and undertake some relevant qualifications. This is to enable us to deliver safe and quality hockey for our members.

MANDATORY BASICS

1. Code of Conduct and Volunteer Agreement

- Read England Hockey's Code of Ethics and Behaviour ([RESPECT](#)) and [Equality policy](#)
- Familiarise yourself with the [policy](#) and [welfare section](#) on the Chelmsford Hockey Club website
- Sign a [volunteer agreement form](#) to say you have done completed the above and send this to susan@maclachlan.net

2. DBS

- All volunteers must have a valid DBS check
- Gemma Butterworth will be in touch to process your DBC certificate. Their email address is junior_welfare@chelmsfordhc.org.uk

3. Safeguarding training

- Read the [Safe Guard documentation](#) for your role as a Junior Coach
- Complete a [Safeguarding workshop](#) and [Safe Hockey Online Module](#)
- Please note that several different course providers deliver the Safeguarding workshop: UK Coaching is the preferred option but you can do a course run by the FA, the LTA (tennis) or Swim England
- Gemma Butterworth can help you find a course if you can't locate it. Once you have completed the course send the certificate to junior_welfare@chelmsfordhc.org.uk
- Safeguarding training needs to be renewed every 3 years

4. First aid training

- Complete a first aid course
- Gemma Butterworth will be in touch to let you know about local first aid courses. These tend to be run face to face rather than online. Once you have completed the course send the certificate to junior_welfare@chelmsfordhc.org.uk
- First aid training needs to be renewed every 3 years

COACHING QUALIFICATIONS

It is assumed that Lead Coaches have a basic coaching qualification such as 'Introduction to Hockey' or 'Engaging Games for Children' or that they are exempt from these. Chelmsford Hockey Club asks Academy coaches to complete either a 'Sessional Course' and/or a 'Coach

Course'. These courses were known previously as "Level 2". Whilst it is not mandatory to do the sessional course before the coach course, it is advisable. We ask lead coaches to complete one of these courses ideally before the start of the season, or as soon after the start of the season as possible. Please refer to the Course Guide for Coaches for more information and how to access these courses.

PAYMENTS AND DISCOUNTS

For all courses, we ask you to pay upfront and then the club will refund you. Send confirmation of payment and completion of the course (you will get a certificate) to the club Treasurer Adam Hunter: e_e_emu@hotmail.com who will reimburse you.

On completing the required courses Booster coaches qualify for a 50% discount on your children's yearly subscriptions (to a max of 2 children). For coaches without children in the junior section then an alternative discount will be arranged with the treasurer. Please contact membership@chelmsfordhc.org.uk asking to pay discounted subs by bank transfer rather than via the website.

ENGLAND HOCKEY COACHING MEMBERSHIP

It is not obligatory, but England Hockey recommends that all coaches, but especially lead coaches, have the required specialist insurance on the role you play to protect yourself.

[England's Hockey Coach membership](#) provides greater cover for coaches and lead coaches who lead the delivery of coaching sessions and programmes independently in any environment.

CODE OF CONDUCT

We urge coaches at all times to remember that young people should play hockey because they enjoy it and want to be part of the club. It is really important that the following code is adhered to if we are to build a happy club that is built on mutual respect and regard for each other.

Coaches should

- Abide by the England Hockey's Code of Ethics and Behaviour
- All players should be encouraged to uphold the spirit of the sport
- Respect the rights of all the participants and treat all as equals within the context of their activity and ability. This must be regardless of age, ethnic origin, gender, religion and cultural background.
- Accept the responsibility to make sure that participants have a safe environment within which they may train and play.
- Try and ensure that any activity under your supervision is free from bullying or any other form of non-equality behaviour

- If any part of the coaching process requires physical contact between a coach and a participant, it is recommended that coaches ensure that no action on their part could be seen as inappropriate