



Risk Assessment Guidelines for Junior Hockey Sessions

Description of Hazard or Situation	Evaluation of Risk (high/med/low)	Action(s) to Minimise Risk	Re-evaluation of Risk (high/med/low)
Pitch dangers		<ul style="list-style-type: none"> Check for dangerous objects such as glass. Check goal posts are safe and secure. Ensure other pieces of equipment (e.g. football goals, rope) are not too close to side lines and move hockey goals off the sideline if not being used. Check pitch in cold weather for frozen patches and ice. 	
Accidents / illness due to clothing, equipment etc.		<ul style="list-style-type: none"> Ensure all children wear gum shields. Exception is for Hockey Heroes and parents have consented Encourage children to wear shin pads. Face masks required for penalty corners Make sure GK kit is fit for purpose Advise parents to ensure children have sufficient layers in winter, raincoats in wet weather, gloves in cold weather, suncream in hot weather, water for all sessions. No jewellery or watches to be worn to taped/covered Do not allow the chewing of gum or eating during the session 	
Accidents due to lack of supervision		<ul style="list-style-type: none"> No unsupervised stick and ball activity even warm ups. Ensure you have enough other people supporting the session to meet the recommended minimum supervision ratios. Have a contingency plan if a coach is running late 	
Illness/injury		<ul style="list-style-type: none"> Every squad and team to have first aid kit, fully stocked at start of season and replenished as used Trained first aider present at every training session or match Ensure that medical details (and if necessary medicines) are accessible, and parents can be contacted if required. 	
Emergency access		<ul style="list-style-type: none"> Check the pitches can be accessed by an ambulance – are cars blocking the entrance? Ensure there is a working phone charged to call the emergency services and / parents 	
Lost or left children		<ul style="list-style-type: none"> Registers to be kept for all sessions with children signed in and out Children must stay with their coach or manager until collected by parent or guardian directly from the pitch unless they are in U12 group or above and parental consent is given Parent or other adult nominated by parent to accompany child to toilet. Parents for U10s and U10s to stay pitchside. In other circumstances 2 adults to accompany child to toilet 	

